

HIKE 5

LES ROCHES BLANCHES

Magnificent walk to the highest point of La Garde-Freinet, the Roches Blanches (White Rocks) at a height of 637 m. Site of geological interest; these rocks consist of sparkling quartz veins emerging from the schist.

The panoramic view is breathtaking.



The Roches Blanches, views over the plain of the Maures, lake Escarcets, the Mediterranean, the Bay of Saint-Tropez, the rock of Roquebrune, the Pre-Alpes.



3-4 hours



approx. 5,8 km (8 km with option),
medium difficult



Parking de la Croix





ITINERARY

From the parking at the cross go back the road down to the hairpin bend (red fire hydrant). You may take the path straight in the bend going up to the right and continue this path the most on the right. At a small clearing take the path at left going up to an antenna (approx. 30-45 minutes from the beginning).

Near the antenna go towards the small shed, follow the footpath straight in front of it for about 10 min.. You will arrive just in front of the Roches Blanches, at

the highest point of La Garde-Freinet (637 m). These rocks consist of quartz veins and mica-schists.

You may take the path that continues and that is marked on the map as « option »; Otherwise, go back towards the antenna, and near the small shed go down the winding path at the left for about 650 m. You will arrive on a large track, take it to the right in order to get back to the parking de la Croix.